

An Insight into MCPS Athletics

Summer 2022 ♦ Issue 16



"The only person who can stop you from reaching your goals is you."

~Jackie Joyner-Kersey

The R.A.I.S.E. Report

Director's Message

possible for our student-athletes! As we look forward to next year, we will have a continued focus on mental health and well-being, along with our ongoing efforts promoting equity and access across our program. Additionally, we have made enhancements to our Fall Heat Plan, temperature guidelines, and school emergency plans to ensure alignment with the latest guidance. I am also excited about our Student-Athlete Medical Advisory Committee (SMAC), which will drive our health and safety protocols moving forward. Be sure to check the [MCPS Athletics website](#) for the latest information and updates. We look forward to another amazing year of MCPS Athletics – in the meantime, enjoy the rest of your summer!

Together #WeRAISE MCPS Athletics! – Jeff

R.A.I.S.E. Outs!

Celebrating Title IX



June, 23 2022 was the 50th anniversary of Title IX of the Education Amendments of 1972, which prohibits sex-based discrimination in any school or education program including sports

that receive federal funding. The MCPS Women in Sports Committee was honored and presented with a proclamation by the Montgomery County Council on June 14, 2022 for their efforts and dedication in celebrating all that MCPS Athletics continues to do to champion female student-athletes.

Throughout the month of June, MCPS Athletics highlighted some of the history and impact of Title IX through the use of various social media outlets. We will continue to promote our core values of equity and access across our program!



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NATIONAL & STATE SPOTLIGHT

NFHS Student Leadership Conference

Four members of the Student-Athlete Leadership Council (SALC) attended the 2022 Student Leadership Conference hosted by the National Federation of State High School Associations in Indianapolis. Grace Jennings, Kordei Aryeetey, Folashade Epebinu, and Juan Vera represented MCPS and the state of Maryland at the conference and were able to capture some innovative leadership strategies that they will be sharing with the rest of the SALC during the school year. This was an amazing opportunity for our student-athletes to serve and lead on the national stage!



Ms. Kathy Green named to NFHS Student Leadership Committee

Ms. Kathy Green, systemwide athletics specialist for MCPS, was appointed to the NFHS Student Leadership Committee. Ms. Green has been instrumental in leading the formation of the Student-Athlete Leadership Council for MCPS Athletics, which has served as a framework for effective leadership across the country. Ms. Green was able to share the successes of MCPS Athletics at the National Interscholastic Athletic Administrators Association Conference last year. We are fortunate to have Ms. Green on our team and look forward to supporting her in this new position with the NFHS!

Ms. Gina Grubb appointed MPSSAA Field Hockey Committee Chair

Ms. Gina Grubb, athletics specialist at Poolesville High School, has been appointed chair of the MPSSAA Field Hockey Committee. Ms. Grubb has an extensive resume in the sport of field hockey, as both a player and coach. We are proud to have Ms. Grubb serving in this leadership capacity and representing MCPS Athletics. We look forward to watching the committee thrive under her direction!

Students Who R.A.I.S.E.

2022 Minds in Motion Scholarship Winners

Congratulations to Mr. Leo Kugel, Albert Einstein High School, and Miss Chinazam Nwosu, Clarksburg High School, who were selected as MCPS recipients of [2022 Minds in Motion Athlete Scholarships](#), presented by the MPSSAA.



2022 Spring Champions

In spring 2022, MCPS athletic teams won a total of 93 championships, including five state championships, four state finalists, four state semifinalists, 22 regional championships, 14 county championships, and 44 division championships. In addition, 25 MCPS student-athletes won individual state championships and two MCPS teams won sportsmanship awards during the spring 2022 state competition season. Finally, we celebrate Winston Churchill for winning the first state lacrosse championship in MCPS history! Congratulations to all teams, coaches, and student-athletes!



MPSSAA 2022–2023 Sportsmanship Champions

Sport	School	Coach
Girls' Lacrosse	Sherwood	Kelly Hughes
Softball	Damascus	Lindsay Burns

MCPS 2022–2023 State Champions

Sport	School	Coach
4A Baseball	Sherwood	Sean Davis
4A Boys' Lacrosse	Winston Churchill	Jeff Fritz
4A Softball	Sherwood	Ashley Barber-Strunk
2A Boys' Tennis	Poolesville	Thomas Lang
4A Boys' Tennis	Thomas S. Wootton	Fevronia Cresham

Middle School Athletics

The Middle School Athletics Workshop was conducted June 22–24, 2022. The primary focus of the workshop was to prepare and plan for the upcoming school year by generating the 2022–23 middle school athletic schedules and producing the *Middle School Athletics Handbook*. Athletic schedules are posted on the [MS Schedules webpage](#) of the MCPS Athletics website.



Coaches' Corner

Fall Athletic Season

Maryland Public Secondary Schools Athletic Association (MPSSAA) fall interscholastic athletic teams may begin practices on Wednesday, August 10, 2022. Though it is not mandatory that fall teams begin practice on August 10, 2022, all teams must begin practices by Saturday, August 13, 2022. Teams may distribute equipment on Tuesday, August 9, 2022.

Fall Preseason Meetings

The coaches' preseason meetings for cheerleading, cross country, field hockey, football, golf, pompons, boys' and girls' soccer, and girls' volleyball will be held Tuesday, August 9, 2022, at Northwest High School. All coaches will attend the general session in addition to their respective sport-specific session.

The athletic trainers' preseason meeting will also be held on Tuesday, August 9, 2022, at Northwest High School from 10:30 a.m. until noon. We appreciate all that our ATCs do for our program!

Professional Development for Coaches

All coaches, athletics specialists, athletic coordinators, and athletic department personnel must complete the National Federation of State High School Associations (NFHS) free online course entitled [COVID-19 for Coaches and Administrators](#) prior to the start of their first season.

The [Fall Rules Clinics](#) for MPSSAA sports are available through [NFHSLearn](#).



Did You Know...

The National Interscholastic Athletic Administrators Association (NIAAA) provides four levels of certification for both high and middle school athletic administrators, including the Registered Athletic Administrator (RAA), Registered Middle School Athletic Administrator (RMSAA), Certified Athletic Administrator (CAA), and the Certified Master Athletic Administrator (CMAA). Currently, MCPS is employing twelve CMAA's, ten CAA's, and four RAA's. **#WeRAISE**

